# Behavior and Brain Lab IULM

Neuromarketing and Consumer Behavior Research Center

**Neurothechology for business** 

Prof. Vincenzo Russo







# Behavior and Brain Lab IULM MILANO

Neuromarketing and Consumer Behavior Research Center



International University of Languages and Media Libera Università di Lingue e Comunicazione



### **Neuromarketing and Consumer Behavior Research Center** "Behaviour and Brain Lab" IULM University



**IULM BRAIN & BEHAVIOR LAB** 

From the partnership between IULM University and ICT Companies, the Behaviour and Brain Lab has been funded on 2008 as the first lab of neuro and psychophysiology with 5 simultaneous stations enabling the acquisition of emotional reactions by means of biological data combined with eye-tracking techniques aimed to study communication and consumers behaviour.



















What is

NEUROMARKETING?

an introduction



**Neuromarketing** is a new field of marketing research that studies consumers' sensorimotor, cognitive, and affective response to marketing stimuli



Marketing

Behavioral Economics

Neuroscience

Consumer
Behavior and
Social
Psychology

New Technologies neuromarketing

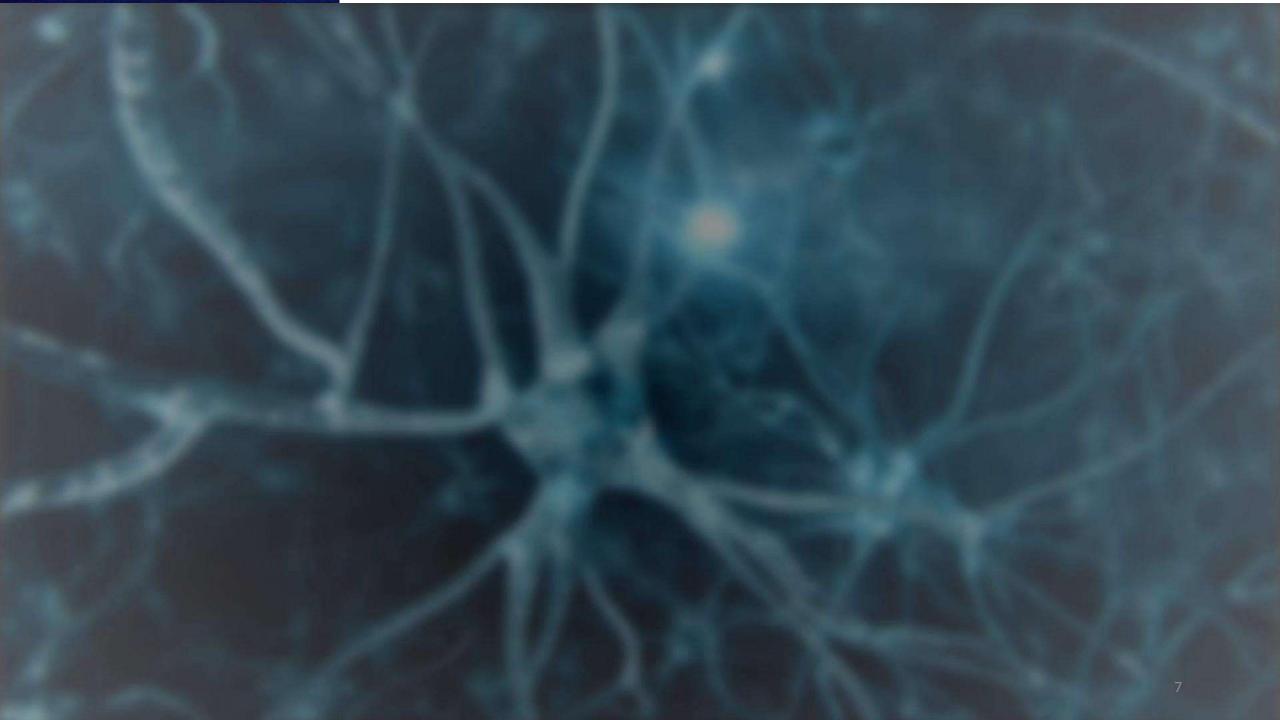
- The term was used the first time by Ale Smidts in 2002
- Neuromarketing is built on top of different disciplines



## **Neuromarketing Applications**







#### Some Collaborations





















**ZEIZZ** 

Consorzio Tutela Vini Oltrepò Pavese









**Behavior and** 

**BrainLab IULM** 

















Éupolislombardia











Regione Lombardia

AIRC











VITICOLTORI DEL SALENTO



WAVEMAKER

MEDIA. CONTENT, TECHNOLOGY.









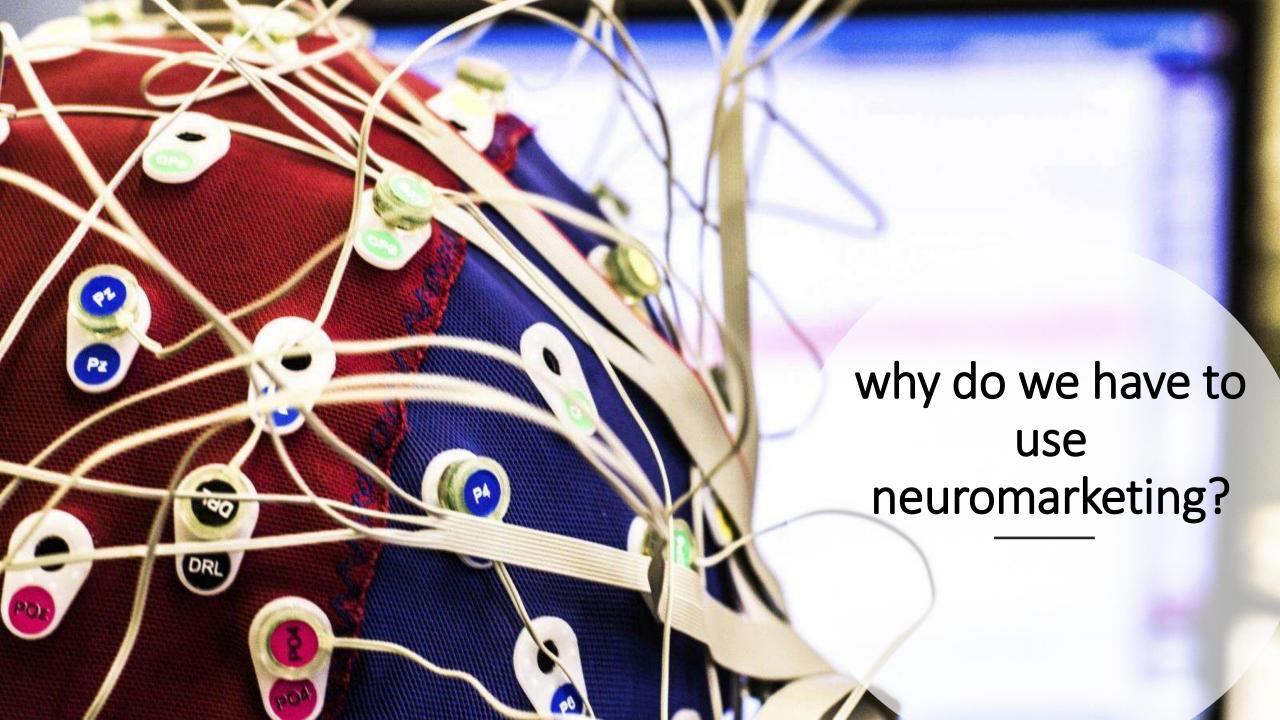
Associazione Nazionale Dentisti Italiani

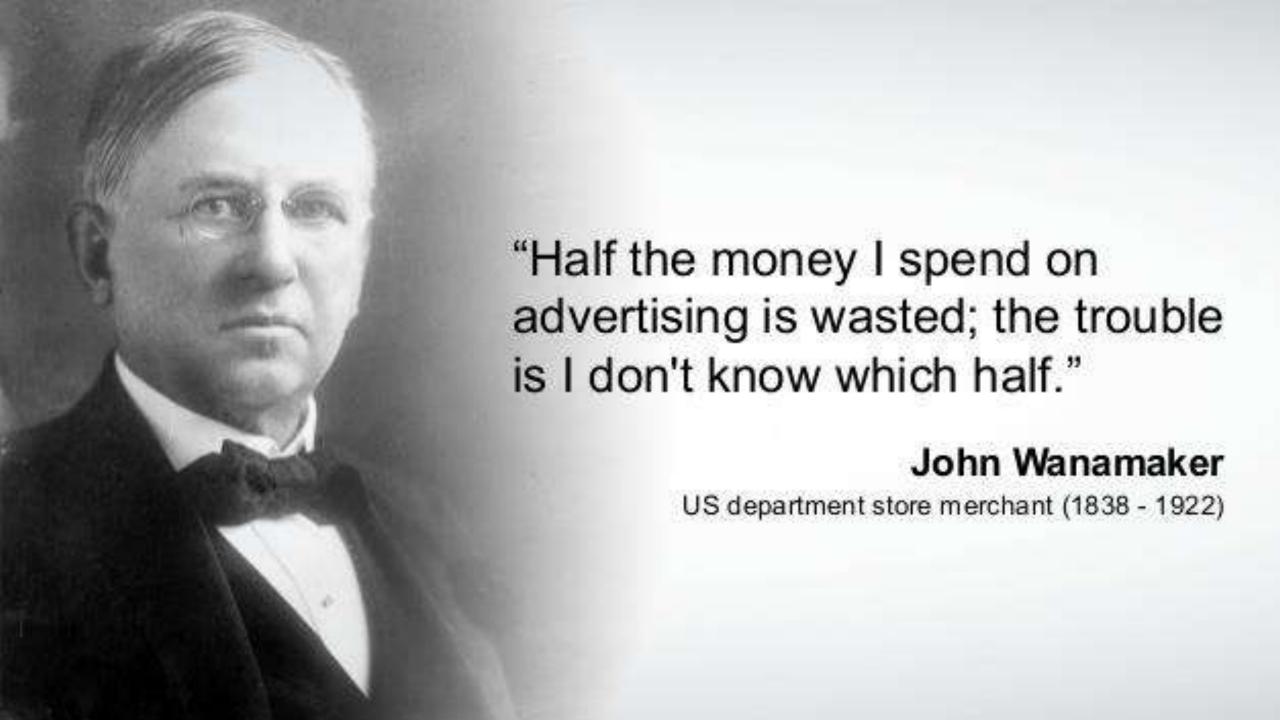
#### Publications from 2010

#### Our goal is to publish papers for the dissemination of best practices

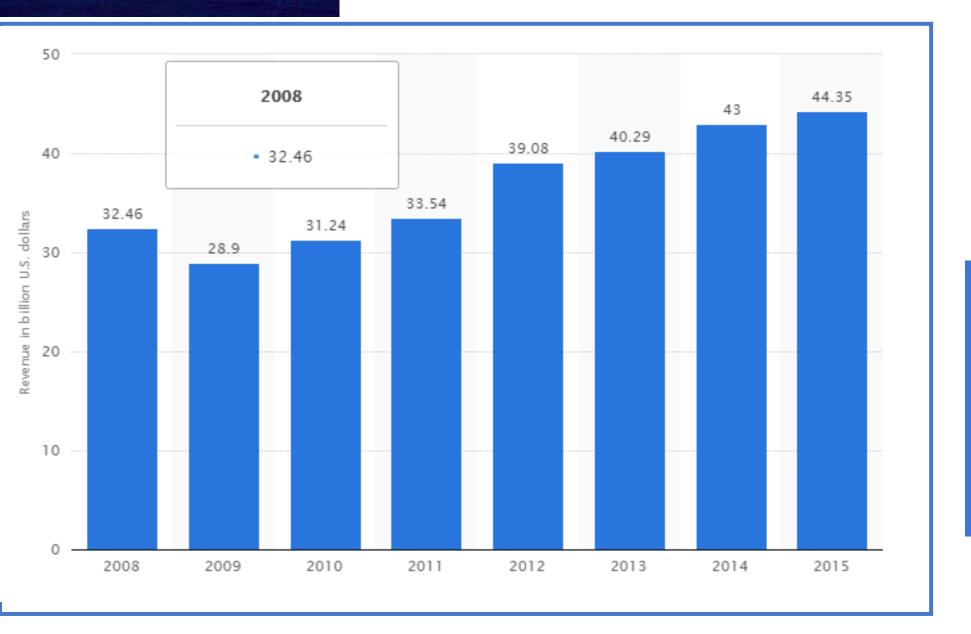


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- M. Mauri, P. Cipresso, M. Villamira; "Psychophysiological reactions and pupil dilation during stress and relaxation", 14th *International Biofeedback Conference 2010*; Rome, Italy; April 13 17, 2010.











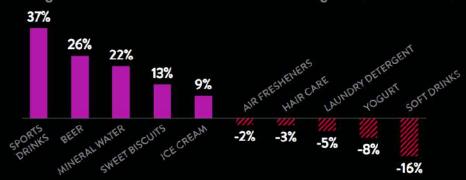
Investments in market research in the World (in billion of dollars)

The results are not so positive and reassuring

#### **ACCELERATING IN SOME CATEGORIES** • · · · · ·

Overall, innovation activity is on the rise in Europe; new product launches grew 9% in 2015 vs. 2014.

Change in number of SKUs launched in select categories (2015 vs. 2014)



#### INNOVATION VALUE •

The average new SKU in Europe rakes in €160,000 in its first year, which is approximately 60% of the average amount generated by new and established SKUs.

Sales SKU stock keeping unit

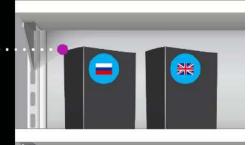
**NEW GUYS** 

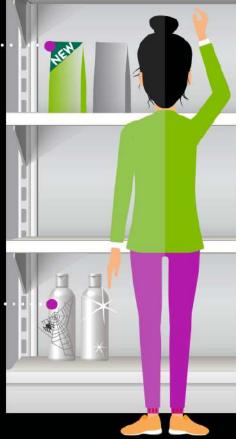
**ALL PRODUCTS** 

#### 

There's a large gap between successful new launches and the rest of the pack. Across most categories, 10-20% of innovations account for approximately 80% of new product sales.

- TOP 15% OF INNOVATIONS
- BOTTOM 85% OF INNOVATIONS







## Growth of new products (cometiles is failure)

**80%** of new product sales derive only from **20%** of the brands launched

According to Nielsen, more than 85% of new fast-moving consumer good (FMCG) products fail in the marketplace

Considering **8,650 product launches** in Western Europe (2011-2014), **only 1%** of new products has consolidate on the market.

there are so many products without **hope**, without the **possibility of success** 

In **Italy**, over the last two years, **19.6%** of new brand products have been added to the GDO and **18.7%** have been released and left the marketplace

Breakthrough Innovation Report Nielsen 2015 IRI INFOSCAN CENSUS





# CorriereNazionale

People do not tell us what they voted for

POLITICA - ECONOMIA - SPORT - SPETTACOLI - TECNOLOGIA - MOTORI - TUTTE LE SEZIONI -

POLITICA

## Brexit, il primo exit poll: Remain 54%, Leave 46%

♣ g.castellini



Ue e Gran Bretagna ancora insieme



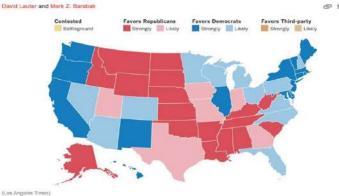
No Brexit vince, ma di poco. Gli inglesi per ora decidono di restare nell'Ue



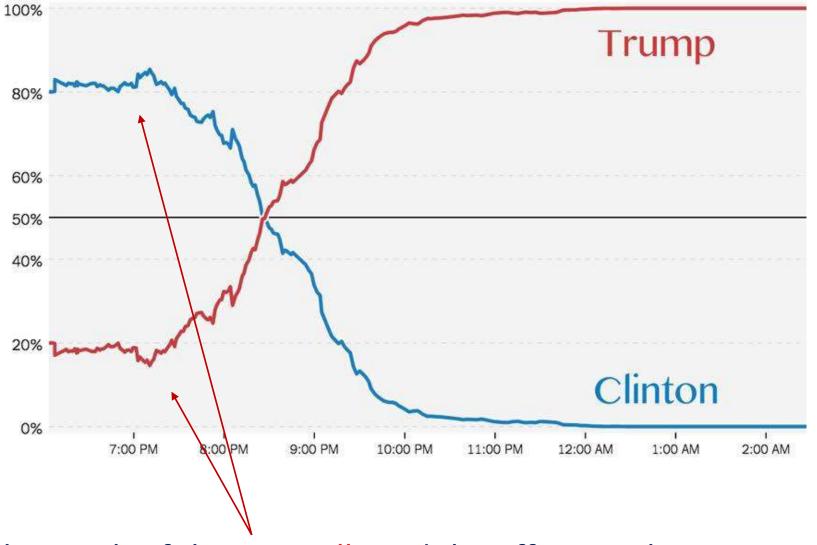
# People do not tell us what they voted for



Our final map has Clinton winning with 352 electoral votes. Compare your picks with ours.

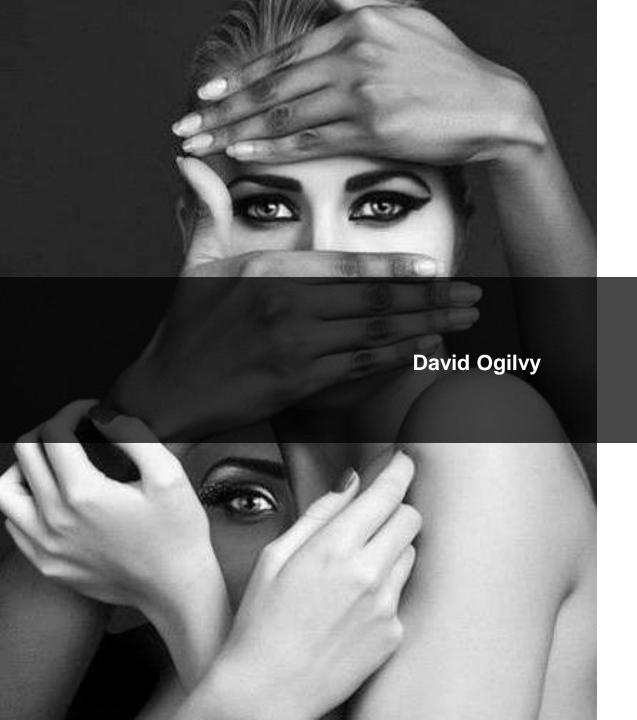






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The result of the exit polls and the effect on the journalists, the journalists began to write about the clinton victory

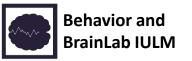




Consumers don't think how they feel.
They don't say what they think
and they don't do what they say



## **Social Desirability Effect**

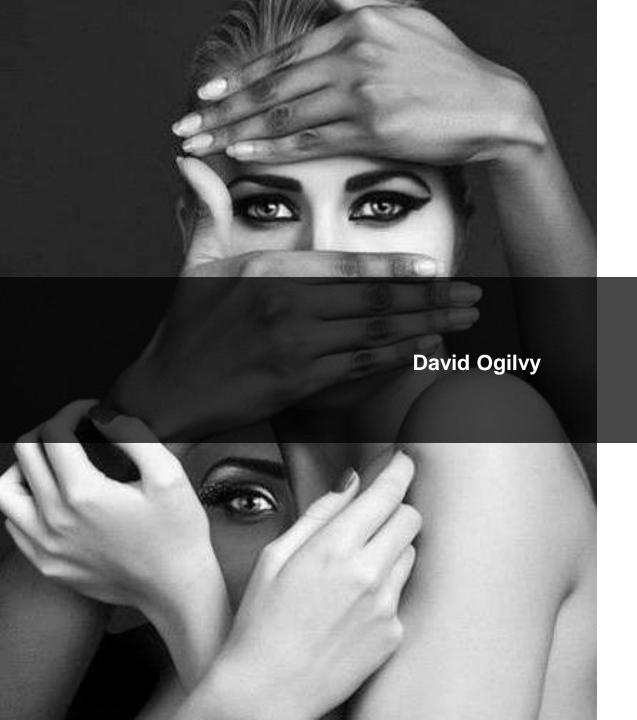




### Why does people not tell what they think?

• People provide answers in order to **preserve** their **self-image** (*Paulhus 1984*) or to manage the image of themselves conveyed to others (*Crosby, Bromley and Saxe 1980; De Maio 1984; Maass, Castelli and Arcuri 2000, Camerer, Loewenstein, and Prelec 2005*).

People(Marlowe and Crowne 1961; Edwards 1957; Roccato 2003) may lie to engage in socially desirable responding or unintentionally, due to the lack of introspection abilities (Boca 1996; Greenwald and Banaji 1995; Kitawaki and Nagabuchi 1998; Banaji 2001) and to the difficulty to verbalizing emotions (Penn 2006).





Consumers don't think how they feel.
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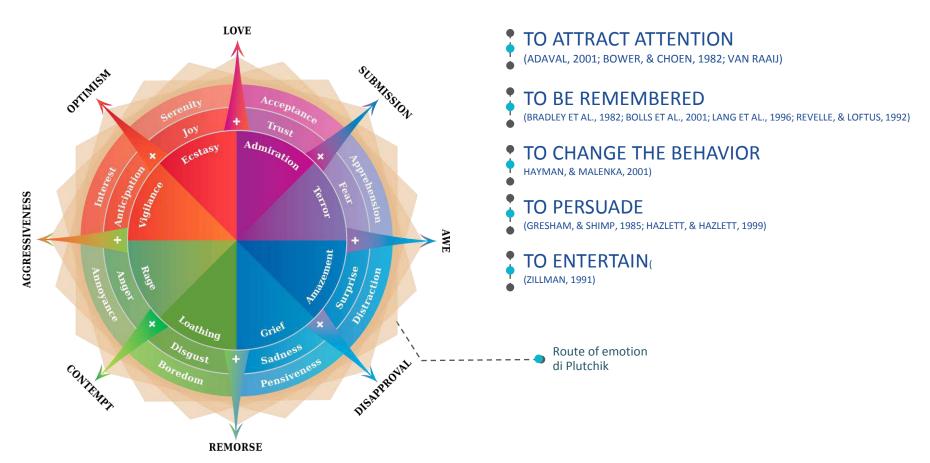


## "THE REASON LEADS TO THINK, THE EMOTION LEADS TO ACTION»



D. Calne (neurologist)

The emotional response is particularly important in the field of marketing communication, since it is closely linked to the advertising main objectives:





## "THE REASON LEADS TO THINK, THE EMOTION LEADS TO ACTION»



31%

D. Calne (neurologist)

Institute of Practitioners in Advertising (IPA) analyzed around **1400 advertisements**, founding that emotional commercials are almost **twice** as successful as those that use a rational and informative message

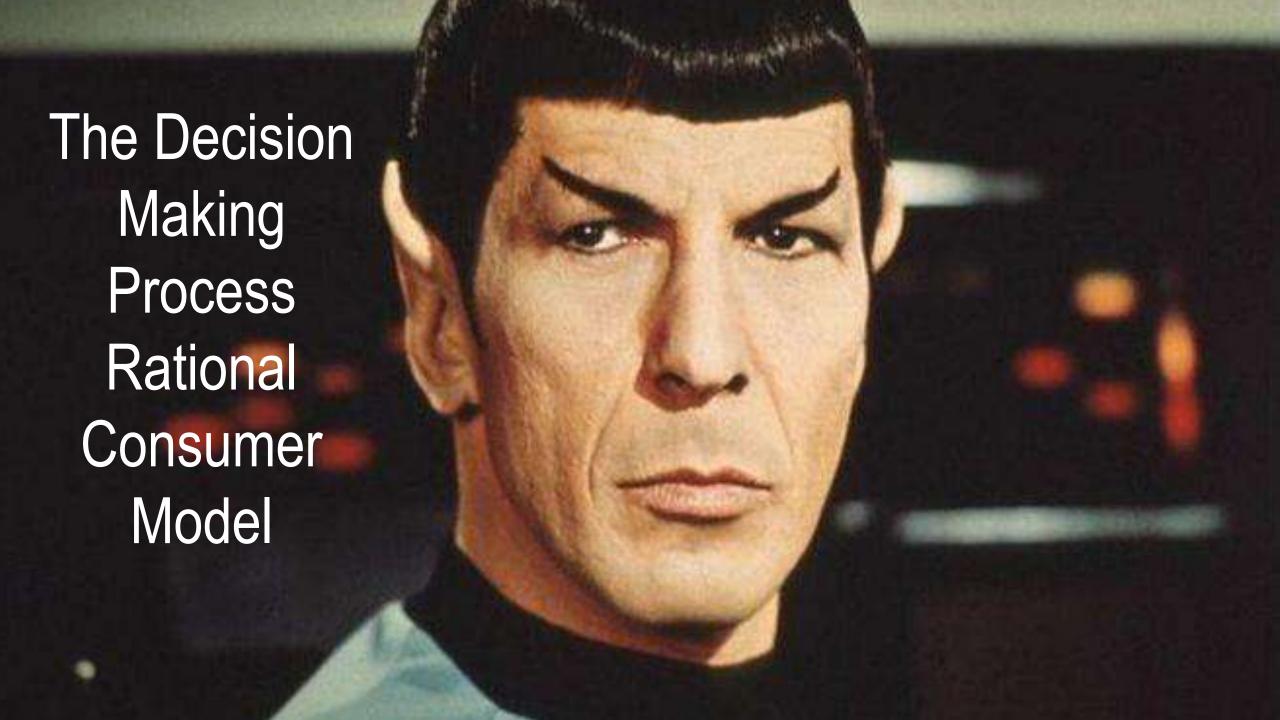
26%

16%

Rational Combined Emotional

% of ADV gain from: Institute of Practitioners in Advertising – 2016: "Marketing in the Era of Effectiveness"







Mr Spock **thinks in term of information**: His brain seeks information to make decisions, emotions play no important role

Mr Spock **evaluates this information accurately**. His brain operates like a computer

Mr Spock **uses cost-benefit calculations** to make a decision

Mr Spock's **preferences can be changed** if, and only if, he is presented with new information that alters his beliefs about the product o promotion

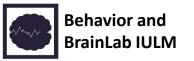
The only way marketing and advertising communications can influence Mr Spock is if he consciously recalls **their persuasive arguments** 



- 1. RECOGNITION OF THE PROBLEM
- 2. RESEARCH of the ALL INFORMATION
- 3. ASSESSMENT of the ALL ALTERNATIVES
  - 4. CHOICE
  - 5. EVALUATION OF THE RESULTS

DISSONANCE

# Bounded rationality HERBERT SIMON

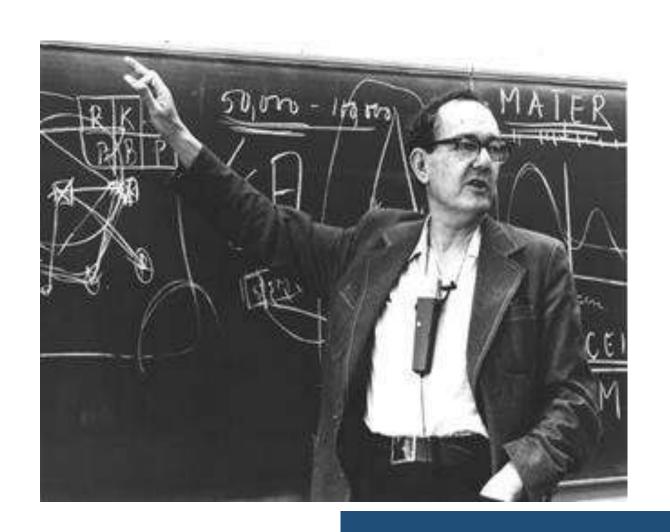


Already a long time ago....

For H. Simon Decision-makers seek a satisfactory solution rather than an optimal one (1957)

Consumers use the **most satisfactory information**, not all information

(Nobel Prize winner Economics 1978)



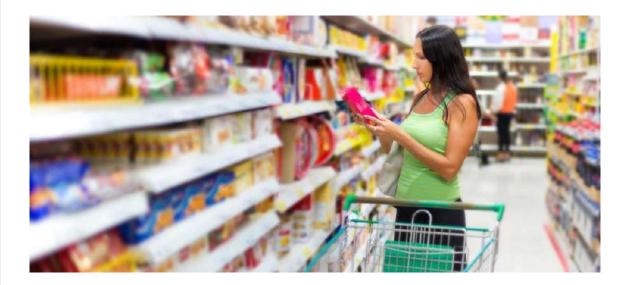
European consumers most often discover new products through friend and family recommendations (58%) and while shopping in store (56%).

Nielsen, 2017

Beyond a brand's base equity, trade promotion—including displays, instore advertisements and promotions—is the most effective volume driver.



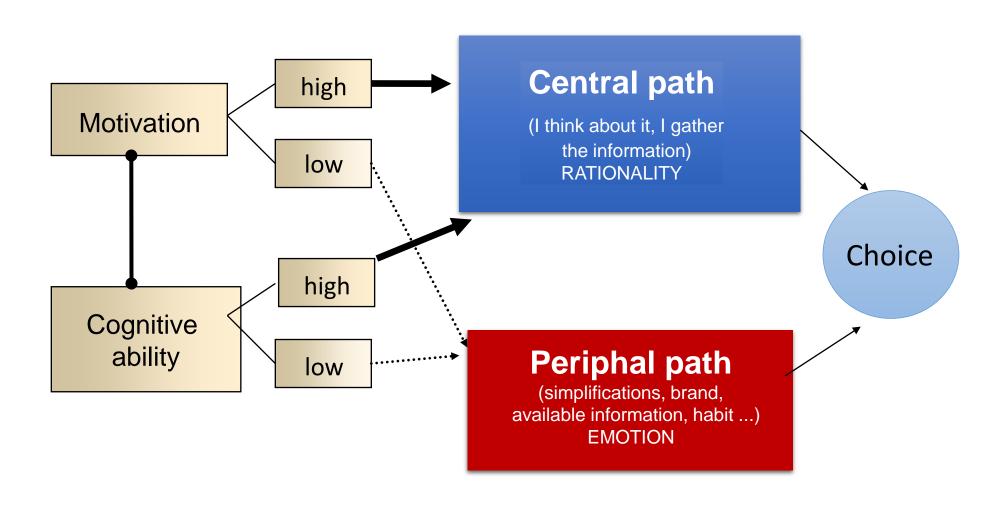




### The two decision ways

### (ELM - Elaboration likelihood model Petty e Cacioppo, 1981)





## Sensory System: Expectation and Emotion









## What is the strongest coffee?

- Yellow = less strong
- Blue = medium
- Red or brown = strongest

# Relation of Taste and Colour

• Colored liquids (with **odorless** and **tasteless** colors) are perceived to be more **strongly odorous** than colorless ones (Engen, 1975, Zellner et al 2005, Hidaka and Shimoda, 2014).

• A **red colored** drink (with oenocyanin) is perceived **sweeter** than 10% like the equivalent addition of sugar (Johnson e Clydesdale 1982)

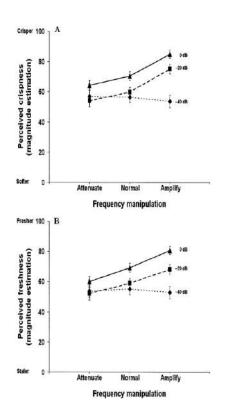


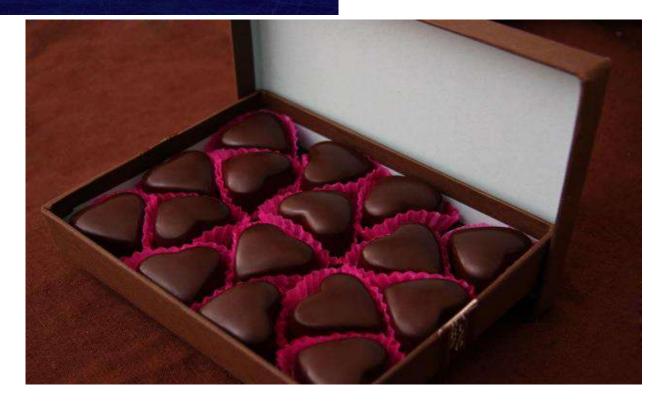


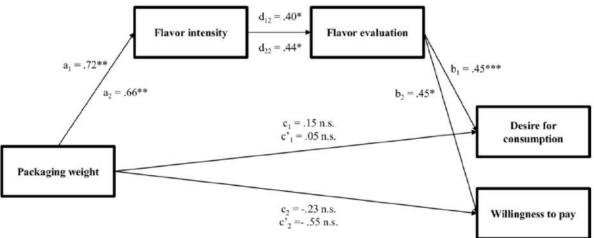
- Spence won the Ig Nobel Prize for Nutrition 2008
- Spence has shown that the crunchiness and freshness of potato crips can increase by amplifying the sound of the bite
- With high-frequency background music the crunchiness and the pleasantness of the potato grows
- (Zampini e Spence, 2004 The role of auditory cues in modulating the perceived crispness and staleness of potato chips)











Notes: Study 1 with pralines (n = 78); \*\* p < 0.01; \* p < 0.05; n.s. = non-significant effect; unstandardized coefficients.

Fig 1. Direct and indirect effects of packaging weight on flavor intensity, flavor evaluation, desire for food, and willingness to pay.

### the effect of weight



- a heavier box makes the product perception and the taste better
- If the weight of a box of chocolates is higher, the scent of these is perceived to be more intense
- his can also increase the desire to purchase it

Gatti et al. (2014)

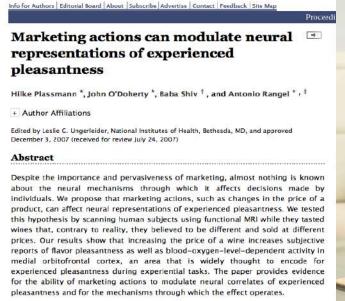
## Does food and drink taste better if you pay more for it?



Some Neuroscientists investigated what happened in the brain of wine drinkers when given differen,t and sometime misleading, information about the price of a red wine.

A 5\$ bottle of wine was either correctly described or else mislabeled as a 45\$ bottle. The price was displayed on a monitor, whenever a small amount of wine was squirted in to the participant's mouth

(Plassmann, et al. 2008)







## Marketing actions can modulate neural representations of experienced pleasantness

Hilke Plassmann\*, John O'Doherty\*, Baba Shiv\*, and Antonio Rangel\*\*

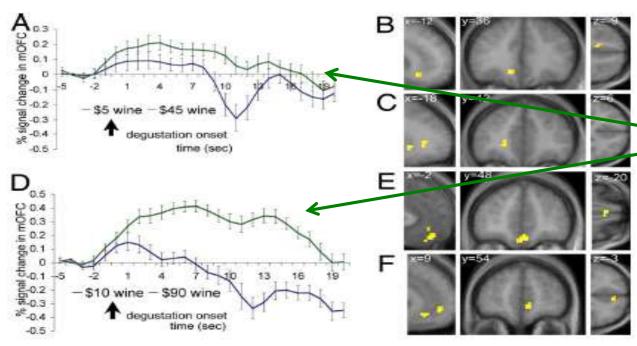


Fig. 2. The effect of price on each wine. (A) Wine 1: averaged time courses in the medial OFC voxels shown in B (error bars denote standard errors). (B) Wine 1: activity in the mOFC was higher for the high- (\$45) than the low-price condition (\$5). Activation maps are shown at a threshold of P < 0.001 uncorrected and with an extend threshold of five voxels. (C) Wine 1: activity in the vmPFC was also selected by the same contrast. (D) Wine 2: averaged time courses in the medial OFC voxels shown in E. (E) Wine 2: activity in the mOFC was higher for the high- (\$90) than for the low-price condition (\$10). (F) Wine 2: activity in the vmPFC was higher for the same contrast.

Everyone **reported liking** the expensive wine more than cheap wine. Crucially, analysis of the brain scans revealed increases in blood flow in the **reward center of the brain associated with the price cue**. More activation of the OPC

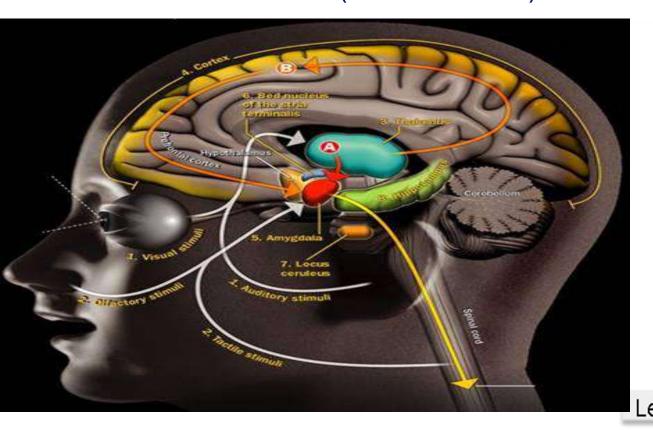
Telling people that the wine was more expensive led to an increase in activation in the medial orbital-frontal cortex, a small part of the brain located just behind the eyes

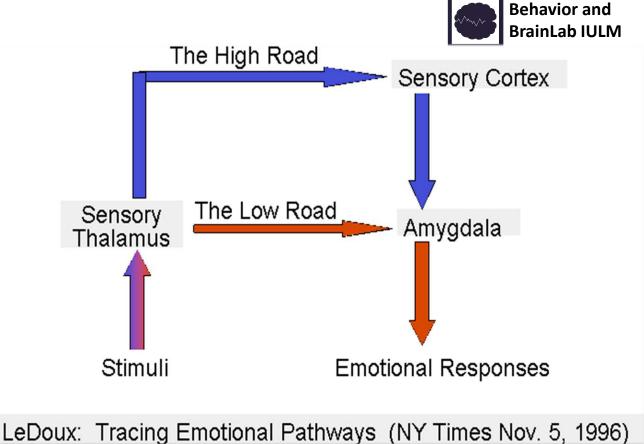
By contrast, no change in blood flow was observed in the primary taste cortex the part of the brain that processes the sensory-discriminative attributes of taste

When the same wines were presented eight weeks later now without any indication as to their price **no significant** difference in pleasantness were reported

Behavior and Brain

## The emotional brain (Le Doux, 1996)





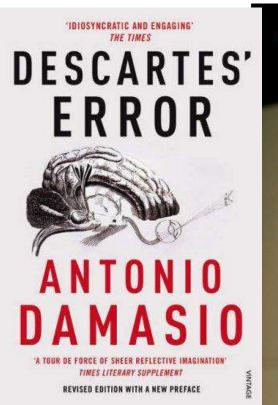
Two different ways characterise brain functioning:

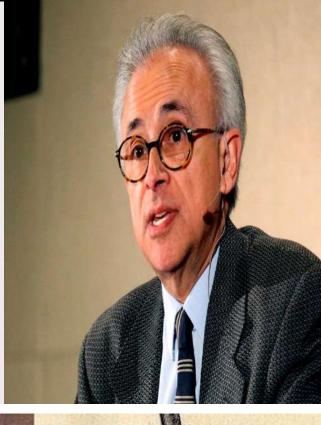
- Fast, immediate, unconscious, adaptive function (Low Road)
- Slower, effortful, conscious (High Road)

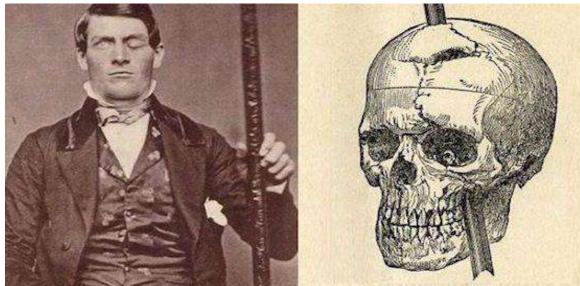
"We are not thinking machines.

We are feeling machines that think."

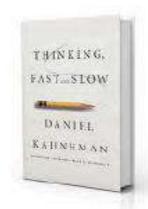
(Damasio, 1994)







### SYSTEM 1 & SYSTEM 2





### A Higher Caseload Translates to Greater Reliance on System 1

#### SYSTEM 1

- Fast/automatic/easy
- Performs familiar or practiced routines
- . Fine for small talk
- Undemanding
- Can perform while tired, sick or stressed
- Impressions/intuitions/feelings
- Susceptible to errors

#### SYSTEM 2

- Slow/effortful/hard
- Necessary for nevel decisions or routines
- Useful for harder questions
- Tiring/draining
- Impaired by fatigue, illness or stress
- Logic/analysis/reflection
- Can override errors through careful thought

# 50-95% DAILY BEHAVIOUR AT UNCONSCIOUS LEVEL

One is implicit, intuitive and automatic, not under individuals' control.

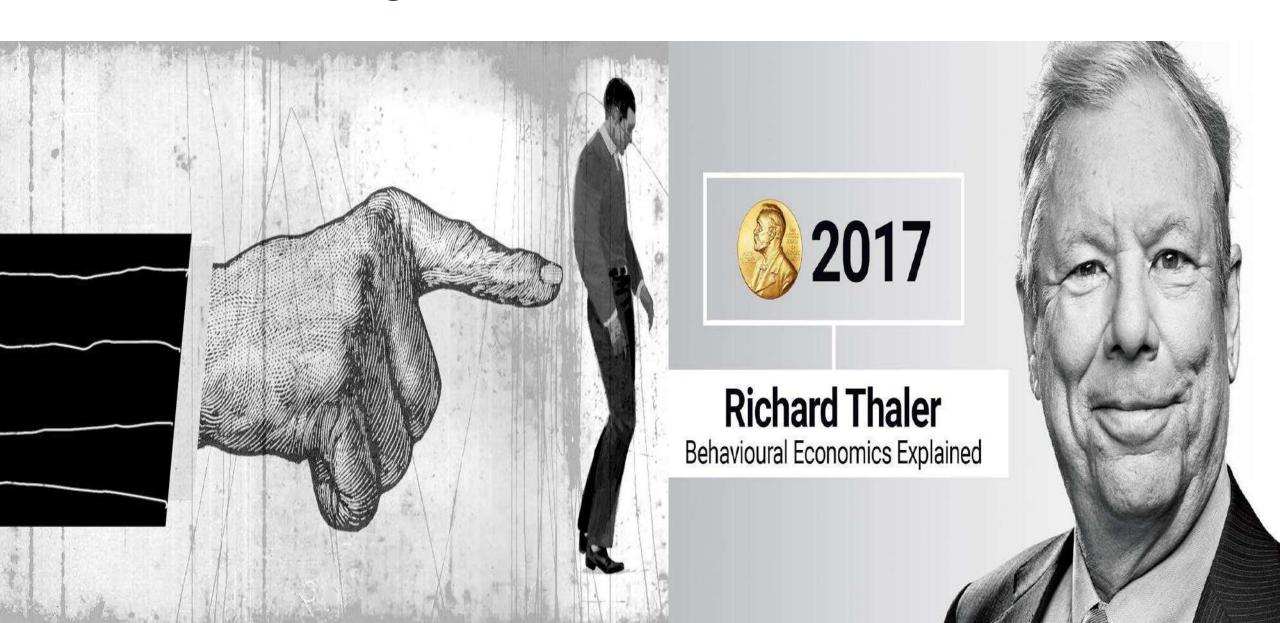
The other one is explicit, deliberate and conscious

(Kahneman and Frederick 2002; Stanovich 1999).

11/9/2018

# Nudge - Architettura della Scelta







# Nudge

Nudge is a concept in behavioral science, political theory and economics which proposes positive reinforcement and indirect suggestions as ways to influence the behavior and decision making of groups or individuals.

*Nudging* contrasts with other ways to achieve compliance, such as education, legislation or enforcement.





# Indications to reduce kilocalories

«you know how many kilocalories you lose climbing every step»





how to increase attention to the respect of the environment with an image



### We know that...



We use instinct when processing information and making decisions



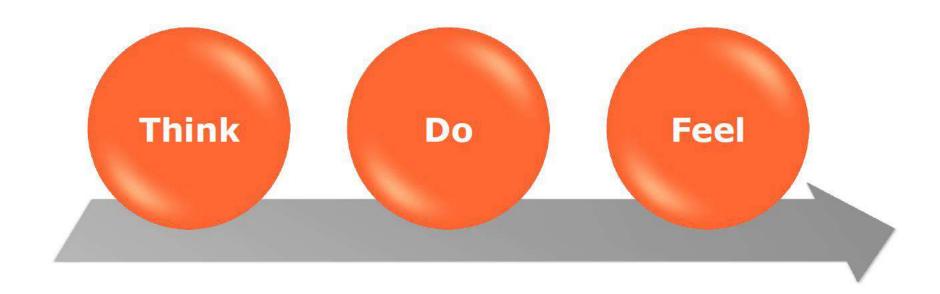
We are able to come up with explanations, but these are often post-rationalisations



We can not explain our motivations at an aggregate emotional level- what "feels right" to us



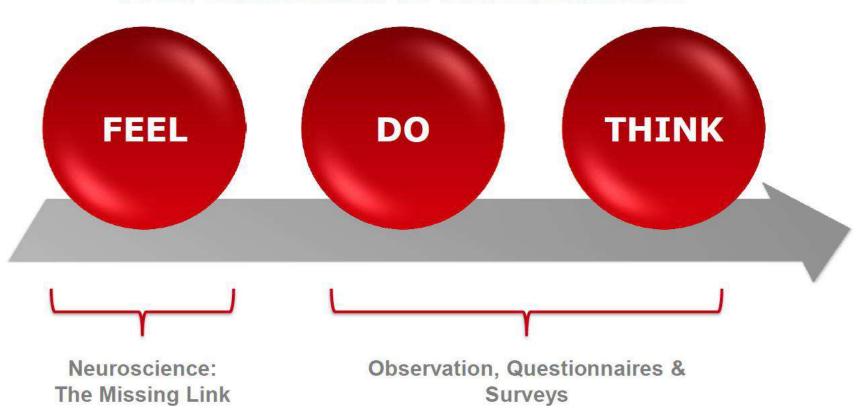
# if we have used this old scheme for a long time





#### now we must use this new scheme

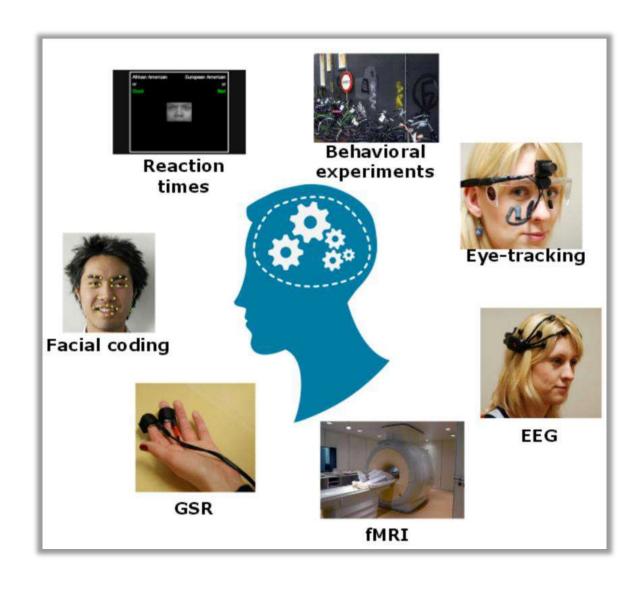
# THE OLD PARADIGM THE EMOTIONAL REVOLUTION











Non-invasive brain-imaging techniques of neuromarketing such as psychophysiological tools (eye tracking, skin conductance) and brain imaging tools (e.g., fMRI, EEG) made it possible to actively make brain observations during the execution of certain tasks, providing marketers with additional information about consumers.

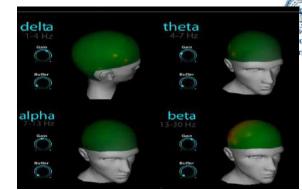
(Dimoka, et al, 2012; Calvert, & Brammer, 2012; Venkatraman et al., 2012)

... And what about people?

"Despite many common beliefs about the inherently evil nature of marketing, the main objective of marketing is to help match products with people" (Ariely & Berns, 2010).

R. J. Davidson, P. Ekman, C. D. Saron, J. A. Senulis, and W. V. Friesen, "Approachwithdrawal and cerebral asymmetry: Emotional expression and brain physiology," J. Pers. Soc. Psychol., vol. 58, no. 2, pp. 330-441, 1990.

**NEURO TRACKER: INDICATORE DI INTERESSE** 







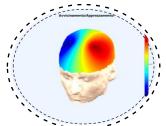
APPROACH-WITHDRAWAL AND CEREBRAL ASYMMETRY INDICE DI

- ASIMMETRIA CEREBRALE FRONTALE (BANDA ALPHA): FAA (FRONTAL ALPHA **ASYMMETRY) BASATO SULLA**
- LATERALIZZAZIONE EMISFERICA (DAVIDSON, 2012)



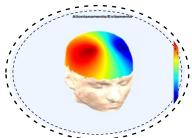
**VALORE POSITIVO:** MAGGIORE ATTIVAZIONE CORTECCIA PREFRONTALE • SINISTRA

**APPROCCIO** VERSO LO STIMOLO, PROPENSIONE, INTERESSE



**VALORE NEGATIVO: PREDOMINANZA EMISFERO DESTRO** 

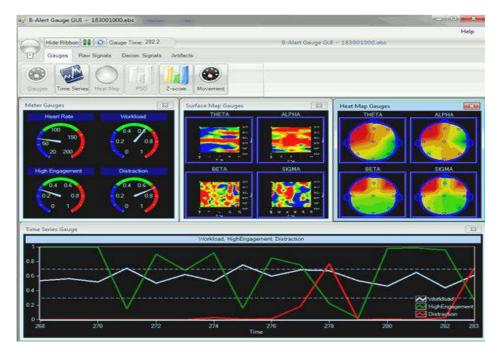
"EVITAMENTO" DELLO STIMOLO, **DISINTERESSE** 



(Harmon-Jones et al., 2003; 2010; Sutton & Davidson, 1997; Berkman, & Lieberman, 2010; Carver, & Harmon-Jones, 2009; Rutherford, & Lindell, 2011).









 Memorization Index (Onde Theta su area prefrontale sinistra) (Summerfield e Mangels, 2005; Werkle\_Bergner et al., 2006);

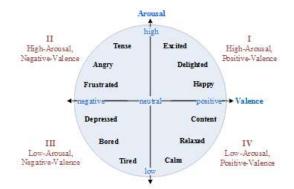
$$MI = \frac{1}{N_Q} \sum_{i \in Q} x_{\theta_i}^2(t) = Average power_{\theta_{left,frontal}}$$

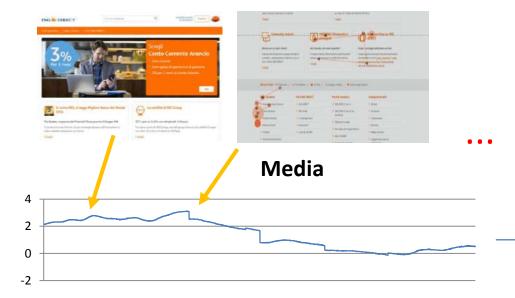
 Attention Index Modifica ritmo delle Onde Alpha sulla zona prefrontale (Klimesh 1999; Petersen e Posner, 2012)

$$AI = -\frac{1}{N_Q} \sum_{i \in Q} x_{\alpha_i}^2(t) = Average power_{\alpha_{frontal}}$$

# SK e Eye Tracking data.

**Emotional Index GSR** e **HR** (Russel e Barrett, 1999) i due parametri correlano con la **valenza** (Critchley 2002) e **arousal** (Mauss e Robinson 2009)







Il dato Eye Tracker può essere combinato con il dato Skin Conductance permettendo cosi di connotare frame by frame il livello di difficoltà.

#### Shimmer

- Media

$$EI = 1 - \frac{\beta}{\pi}$$

$$\beta = \begin{cases} \frac{3}{2}\pi + \pi - \vartheta & \text{if } GSR_Z \ge 0, HR_Z \le 0 \\ \frac{\pi}{2} - \vartheta & \text{otherwise} \end{cases}$$





## **≻**Facial EMG

Offers accurate and automated recording of muscle activity of facial expressions

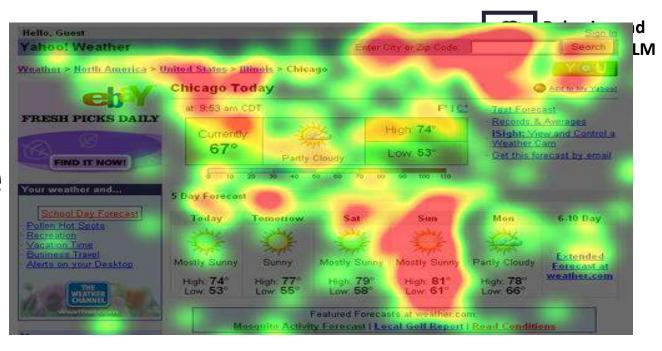






# **Eye Tracking**

Heat map shows where the eyes focus more





Gaze plots shows the path of vision

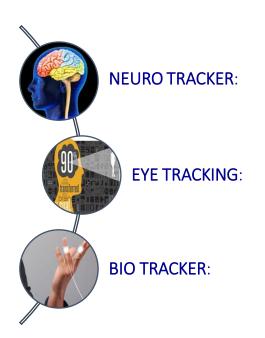
# **Eye Tracking**







# ✓ Packaging Analisys





## Il ruolo dell'etichetta: VALUTAZIONE EFFICACIA SCELTE GRAFICHE









## Il ruolo dell'etichetta: VALUTAZIONE EFFICACIA SCELTE GRAFICHE











# Ad on-line: Banner blindness





# Output



## Interest grid Area (AOI):

#### BRAND

Sequence

Entry time 1837 ms

Dwell time 216 ms (3%)

Hit ratio 6/18 (33%)

Revisits 2

Revisitors 3/6

Average fixation 74 ms

First fixation 66 ms

Fixation count 0.9

#### NOME PRODOTTO

Sequence 850 ms Entry time 1086 ms (14%) Dwell time 18/18 (100%) Hit ratio Revisits Revisitors 17/18 Average fixation 259 ms First fixation 278 ms Fixation count 4.0

#### CONTENUTO GRASSI

 Sequence
 5

 Entry time
 2370 ms

 Dwell time
 444 ms (6%)

 Hit ratio
 14/18 (78%)

 Revisits
 1

 Revisitors
 8/14

 Average fixation
 199 ms

 First fixation
 194 ms

 Fixation count
 1.6



#### GUSTO

Sequence Entry time 3205 ms 370 ms (5%) Dwell time 10/18 (56%) Hit ratio Revisits Revisitors 5/10 Average fixation 198 ms 149 ms First fixation 0.9 Fixation count

#### NO CONSERVANTI

Sequence Entry time 3534 ms Dwell time 370 ms (5%) Hit ratio 11/18 (61%) Revisits Revisitors 3/11 Average fixation 286 ms First fixation 278 ms Fixation count 0.9

#### PRODOTTO

Sequence	1
Entry time	681 ms
Dwell time	2109 ms (26%)
Hit ratio	18/18 (100%)
Revisits	2
Revisitors	18/18
Average fixation	312 ms
First fixation	242 ms
Fixation count	7.0





impara a riconoscere le troai informatione.

Excitement Short Term

scampio e conversazione dedicato a te e a

scenne oesiasi iniminin noncho inimizitivi e

convenienti come il conto corrente, il conto



## **ATTENTION AND VISION**







**PACK Plastic** 

PACK Plastic (similar to paper – cardboard)



## **ATTENTION AND VISION**





PACK PLASTICA

Less time on the information (188 ms)

### CARDBOARD



PACK Plastic (similar to paper – cardboard)

More attention to the information

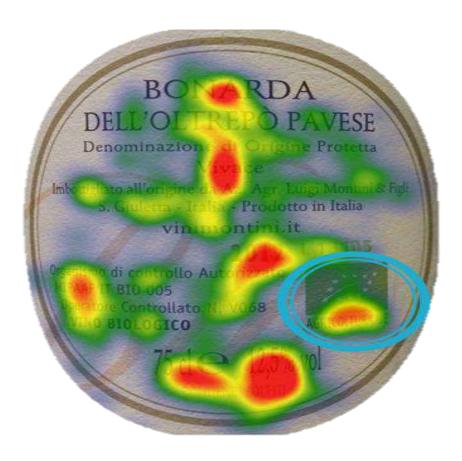


# The label:



#### Sommelier Inesperti BONARDA BONARDA BONARDA DELL'OLTREPÒ PAVESE DELL'OLTREPÒ PAVESE DELL'OLTREPÒ PAVESE Denominazione di Origine Protetta Denominazione di Origine Protetta Denominazione di Origine Protetta Vivace Imbottigliato all'origine da Az. Agr. Luigi Montini & Figli Imbottigliato all'origine da Az. Agr. Luigi Montini & Figli S. Giuletta - Italia - Prodotto in Italia Imbottigliato all'ori S. Giuletta - Italia tto in Italia vinimontini, it vinin 1 13105 1 13335 o di controllo Aut Organismo di controllo Autorizzato Organismo di controllo A T BIO 005 MIPAAF IT BIO 005 MIPAAF IT BIO 005 tore Controllato N Operatore Controllato N. V068 Operatore Controllato N. V068 AGRICOLTURA UE VINO BIOLOGICO VINO BIOLOGICO VINO BIOLOGICO 75 cl € 12,5% vol **Capacity of the bottle Organic** certification Type of Vine Alcohol grade









**Expert** 





Man

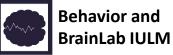


Woman



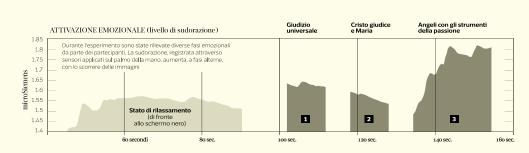


Giudizio Universale di Michelangelo (Cappella Sistina)



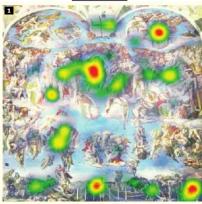
#### Cosa vedono gli uomini

Ne**ll**e immagini di sinistra è rappresentata una mappa di calore (heat map) che evidenzia in rosso le aree maggiormente osservate, sfumando verso i toni più freddi del verde per gli elementi poco notati. Anche qui sotto lo studio dello sguardo dimostra un comportamento visivo caratterizzato da un'esplorazione specifica e dettagliata di poche zone dell'affresco. Gli uomini non prendono n considerazione tutte le informazioni disponibili, ma ne selezionano solo alcune. Per questo motivo vengono definiti dagli studiosi «selettivi», selective processors



#### Cosa vedono le donne

Le mappe di calore a destra mostrano l'atteggiamento del pubblico femminile nei confronti dell'opera. Le donne, definite «inclusive» comprehensive processors, a differenza degli uomini sono più sensibili ai molteplici dettagli che compongono una scena visiva. Di conseguenza, la loro elaborazione cognitiva, che potrebbe sembrare dispersiva, risulta più completa. Inoltre, nella descrizione verbale dell'affresco, le donne usano parole che indicano sentimenti come paura e sofferenza, mentre gli uomini tendono a inserire termini che localizzano le immagini osservate: verso, centro, basso



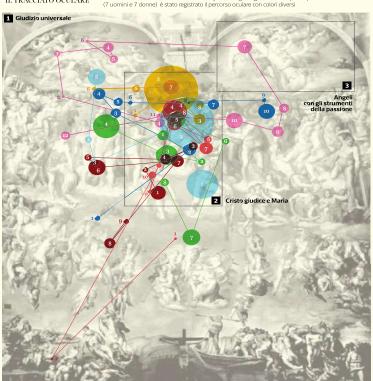
#### 2 Cristo giudice e Maria



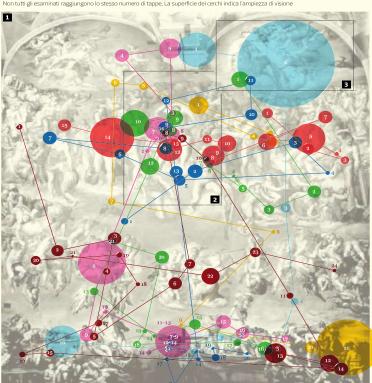
Si tratta del dettaglio maggiormente osservato dai partecipanti di sesso maschile. Le mappe di calore indicano che gli uomini tendono a osservare maggiormente le figure femminili rispetto a quelle maschili.

IL TRACCIATO OCULARE

L'attenzione visiva è misurata attraverso l'Eye-tracking: di ognuno dei 14 partecipanti
(7 uppiri a 7 depos) à chate projettate il perpensi oculare son calculativari



Il percorso visivo è indicato attraverso una progressione numerica (da 1 in avanti) con spostamenti diversi in dimensione e ordine.





pur affermando

maggiormente

quelle femminili.

Inoltre, notano

un maggior numero

di particolari rispetto

agli uomini: la mano sinistra e il braccio destro di Gesù

osservano

di preferire le figure

di sesso maschile



#### 3 Angeli con gli strumenti della passione



elemento emozionale per eccellenza. Nessuno sguardo è dedicato ai corpi degli angeli, tantomeno alle loro parti intime

#### Angeli con gli strumenti della passione



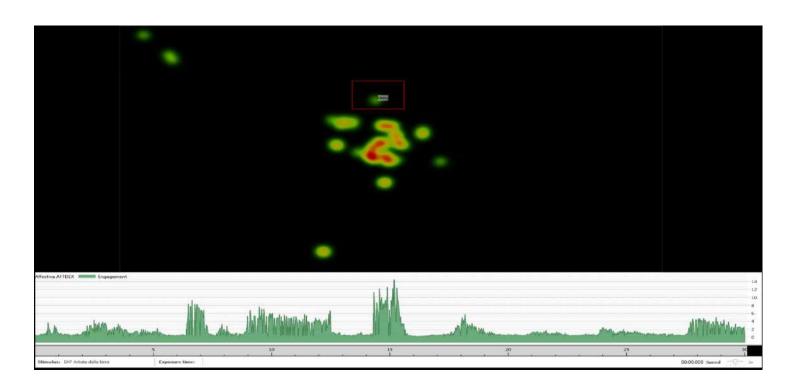
In questo particolare, nella lunetta destra dell'affresco, lo sguardo degli uomini si sofferma soprattutto sull'azione e su alcuni dettagli dell'opera: la forza muscolare degli angeli e i loro genitali





# Emotions (facial expression analysis) Spot BAP

- Beer artist

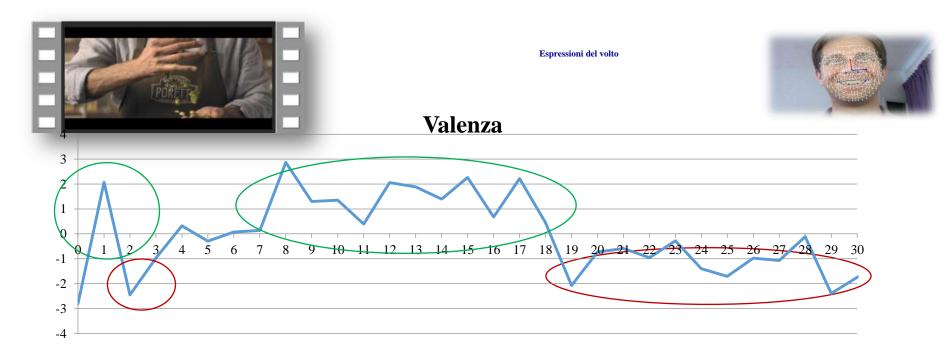








## The emotional trend







## The emotional trend









## L'andamento emotivo – Spot BAP – Artista della birra







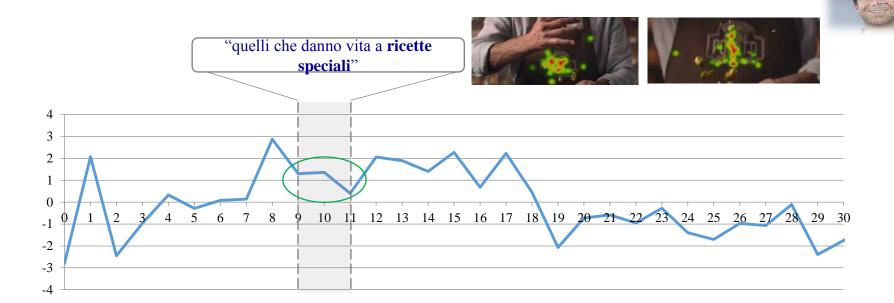
## L'andamento emotivo – Spot BAP – Artista della birra



















La valenza è elevata nella sequenza che mostra l'artigiano e le vasche di fermentazione della birra, con la voce narrante che parla dell'**arte** della produzione (comunicazione **coerente ed efficace**)







Espressioni del volto



> Si riscontra un abbassamento della valenza (che rimane comunque positiva) in corrispondenza del secondo 16, in cui si mostra la birra che viene versata nel bicchiere.







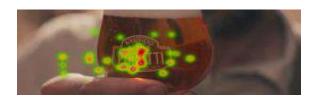


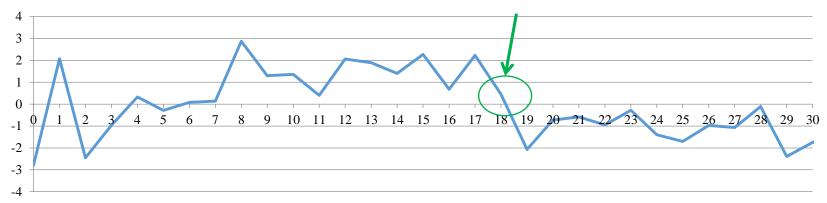


















# L'andamento emotivo – Spot BAP – Artista della birra







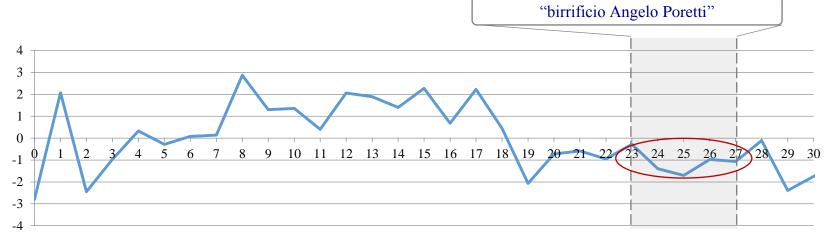


# L'andamento emotivo – Spot BAP – Artista della birra















# L'andamento emotivo – Spot BAP – Artista della birra



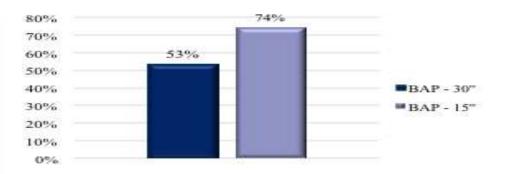






## Finale birra poretti







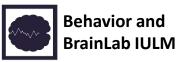


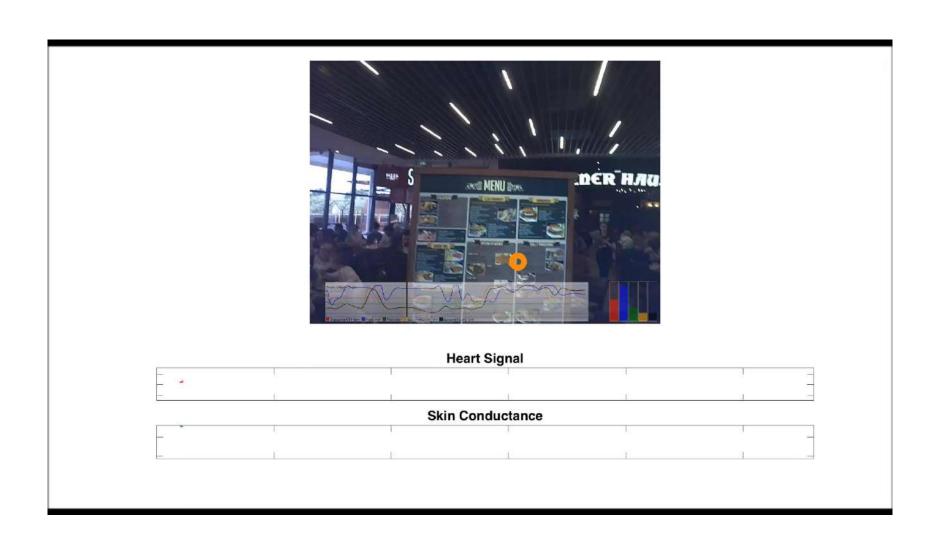






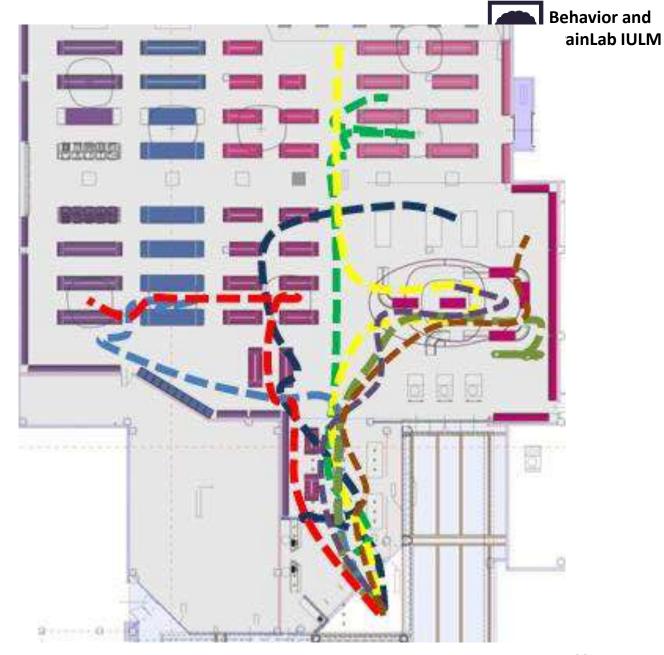
# Neuromarketing on field





# In store and movements of the consumers

Initial exploratory path









# MAZZONI





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LiveLikeAnItalian.com



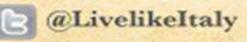


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LiveLikeAnItalian.com



ORTHO BY TERLATO WINES INTERNATIONAL, LAKE RUFF, IL. TER

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Designation Traces & see you fought

ATTENDED TO THE REAL PROPERTY.

ecol.

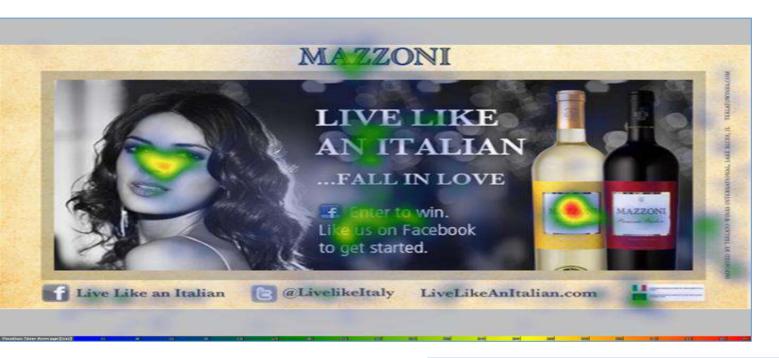
2006

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# The Neuromarketing of wine





酸酒是一门令人看迷的事业。你需要具备智慧,明贴的选择,更重要的是,如何集合团体的力量,共同分担工作,然后大家在付出的同时,拥有一种使命感,知過自己正在进行一项伟大的事情。这就是50年前 启发2、300氮农聚单成立蒙菲酒庄联盟的基础,今天的蒙菲酒庄已是西西里岛的最大酒庄,拥有岛上5%的 葡萄园,年产量在2平8百万瓶。洒庄殷初致力于舱造本土葡萄品种,后来,一些国际知名的品种如赤巍珠, 莎当妮也并入产品线。



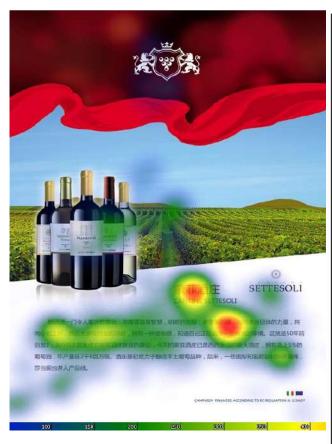


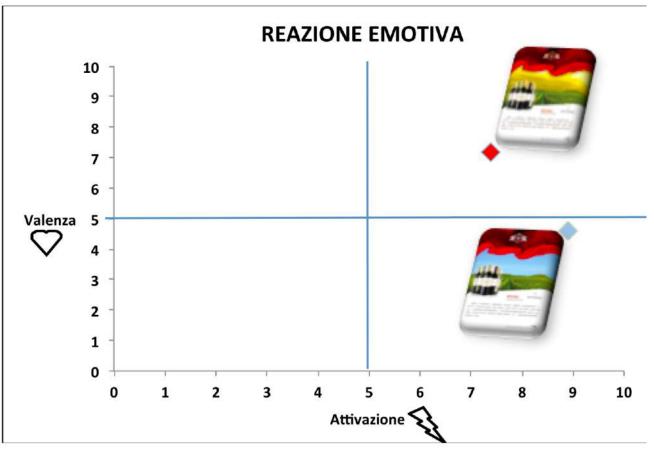
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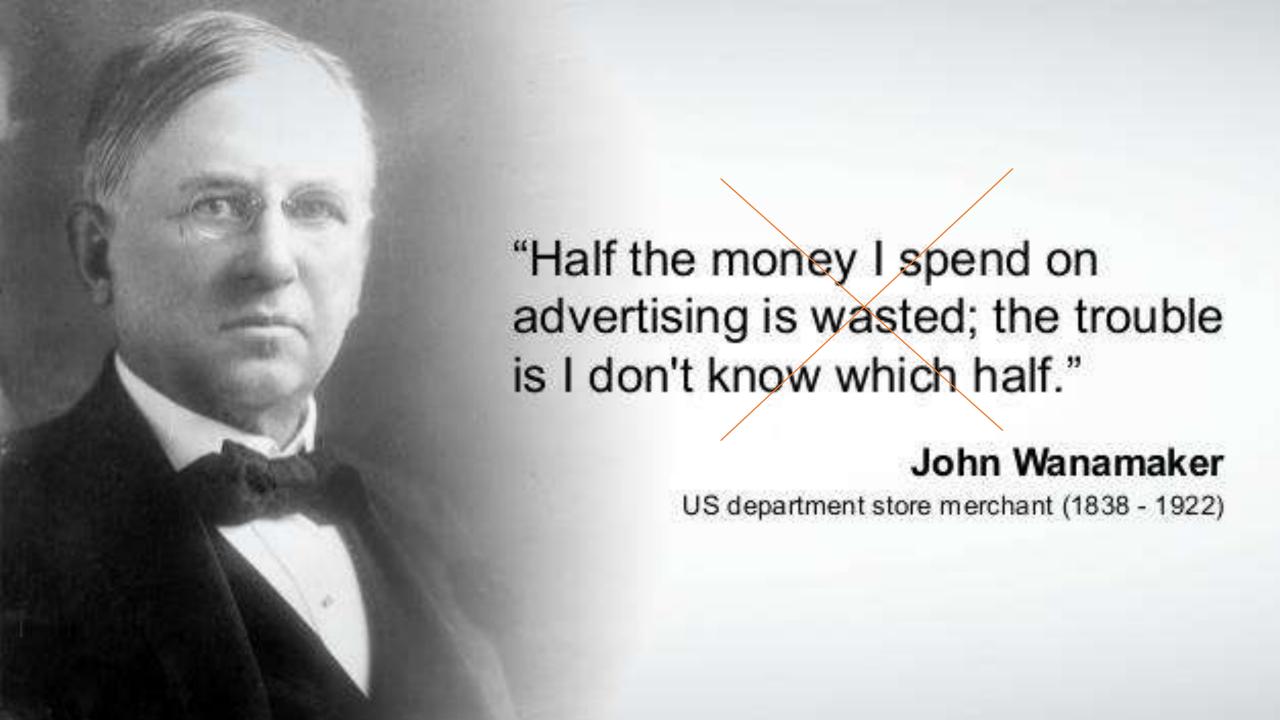
CAMPAIGN RENANCED ACCORDING TO BC REGULATION IN \$254/07

# The Neuromarketing of wine













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